

# VII

## 更年期・老年期

思春期

月経異常／不妊・不育／避妊

感染症

妊婦

婦人科疾患

がん検診

更年期・老年期

### ■本章で使用する略語

AD : Alzheimer's disease  
BDI : Beck depression Inventory  
BMI : body mass index  
BV : bacterial vaginosis  
CEE : conjugated equine estrogen  
CES-D : center for epidemiological studies of depression scale  
CKD : chronic kidney disease  
CVD : cardiovascular disease  
DHEA : dehydroepiandrosterone  
DSM : Diagnostic and Statistical Manual of Mental Disorders  
DEXA : dual energy X-ray absorptiometry  
DHA : docosahexaenoic acid  
EPA : eicosapentaenoic acid  
ERT : estrogen replacement therapy  
FLUTS : female lower urinary tract symptom  
FSH : follicle stimulating hormone  
GDM : gestational diabetes mellitus  
HADS : hospital anxiety and depression scale  
HAM-A : Hamilton rating scale for anxiety  
HAM-D : Hamilton rating scale for depression  
HDL-C : high density lipoprotein cholesterol  
HRT : hormone replacement therapy  
ICD : international classification of diseases  
IGFBP : insulin-like growth factor-binding protein  
LDL-C : low density lipoprotein cholesterol  
LH : luteinizing hormone

MAS : manifest anxiety scale  
MEGA study : Management of Elevated Cholesterol in the Primary Prevention Group of Adult Japanese Study  
M.I.N.I : the mini-international neuropsychiatric interview  
NaSSA : noradrenergic and specific serotonergic antidepressant  
NSAIDs : non steroidal anti-inflammatory drugs  
OAB : overactive bladder  
POP : pelvic organ prolapse  
POP-Q : pelvic organ prolapse quantitative  
PTH : parathyroid hormone  
QOL : quality of life  
RR : relative risk  
SERM : Selective Estrogen Receptor Modulator  
SDS : Zung self depression scale , self-rating depression scale  
SHBG : sex hormone binding globulin  
SNRI : serotonin & norepinephrine reuptake inhibitors  
SRQ-D : Self-Rating Questionnaire For Depression  
SSRI : selective serotonin reuptake inhibitors  
STAI : state-trait anxiety inventory  
SUI : stress urinary incontinence  
TC : total cholesterol  
TG : triglyceride  
TSH : thyroid stimulating hormone  
WMS : Wechsler memory scale  
YAM : young adult mean